

51. Orthopaedic footgear as defined in claim 50 wherein said sections have a height and a transverse extent, with the height being greater than said transverse extent.

52. Orthopaedic footgear as defined in claim 50 wherein said sections have a height and a transverse extent, with the height being substantially equal to or greater than said transverse extent.

53. Orthopaedic footgear as defined in claim 50 wherein said sections are hexagonal in cross section.

54. Orthopaedic footgear as defined in claim 50 wherein said inner sole includes at least 80 sections.

55. Orthopaedic footgear as defined in claim 50 wherein said sections are less than $\frac{3}{4}$ inch in transverse extent.

56. Orthopaedic footgear as defined in claim 50 wherein said sections are individually removably secured within said footgear.

57. Orthopaedic footgear with resilient support for the foot, comprising:
an outer sole;
an inner sole mounted in said footgear above said outer sole, said inner sole having a plurality of independently vertically movable resilient sections arranged in a grid pattern, said independently vertically movable sections having upper surfaces which together form an upper surface for engagement by the foot;
said resilient sections being directly adjacent one another to form said grid;
said upper surface of said sections being of soft resilient material and being directly exposed for direct engagement with the foot of the user or a sock or stocking on the foot of the user;
said grid pattern of resilient sections constituting a multiplicity of sections that sway laterally independently of one another in response to forces applied by the foot, thereby reducing shear stresses on the bottom of a foot as the user walks along; and
said sections having a height and a transverse extent, with the height being greater than said transverse extent.

58. Orthopaedic footgear with resilient support for the foot, comprising:
an outer sole;